

Dear Friends,
Greetings,

Mental ailments and mental health are two largely neglected subjects from the health related fields. However, changing times have brought a new dawn of sensitivity toward importance of health of the mind. Today new therapies and medicaments of mental ailments and stress situations are available for the treatment yet the triad of unawareness-superstition-misunderstanding is omnipresent in the metropolis also.

IPH has been working in the field of mental health with the vision of "Mental Health For All" since 1990. Together with USV Pharmaceuticals which is a leading Indian Pharmaceutical company we are aiming at bridging this gap between mental health and the society at large a first of its kind projects in Asia.

The project is "DWIJ AWARDS" which will felicitate patients who have succeeded in overcoming their severe mental disorders, bringing new light to their own lives and those of their families. It shall also felicitate the family members who stood by them though thick and thin !

From last year these awards are being named in the memory of Ms. Padma Manohar Phatak. Padma coped up with a major mental illness but passed away rather prematurely. Her family has helped IPH to build a corpus fund for DWIJ Puraskar.

This year Zee Marathi, premier entertainment channel is also collaborating by projecting popular TV personalities for the stage of DWIJ Puraskaras very special guests.

More than three hundred Psychiatrists throughout Maharashtra State participate in this project referring their patients with fascinating stories of recovery from mental illness.

This year we will be celebrating world Mental Health Day with this glittering award function on Sunday, 11th October, at Gadkari Rangayatan, Thane at 10.30 am in the morning.

You are cordially invited to attend and be privy to a revolutionary moment in the history of mental health.

Regards,
Dr. Anand Nadkarni
IPH, Thane

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